



Rotary Club of Colchester Trinity

With assistance from Colchester & Tendring Athletics Club

The Fourth



COLCHESTER CHARITY RACES 2012

10KM RUN

In aid of **ABF THE SOLDIERS' CHARITY**
and Rotary and other Charities, including CRY

SUNDAY 13th MAY 2012

10.30am Start

ABBEY FIELDS, COLCHESTER



Changing, Toilets and supervised bag storage at the Garrison Running Track (CO3 3US). **Free Parking** adjacent in Abbey Fields, Colchester's traditional venue for large scale events. Accurately measured course. Held under UK Athletic Rules Licence 2011-101993

RACE PRIZES: 1st, 2nd, and 3rd, Men and Ladies 1st Man and 1st Lady over 45, 60 Team prize (3 to score) for 1st Mens and Ladies team. Goody Bags

ENTRY FEES: £10 (Affiliated/Army) **OTHER:** £12 **ENTRY ON DAY:** add £2

Visit our website www.colchestercharityraces.org or email: colchestercharityraces@googlemail.com for full details, directions, race contact and extra entry forms. Also on Runners World.



ENTER NOW



Please send entry form, cheque and a stamped Large Letter SAE (for Race number and further information), to Rotary Club of Colchester Trinity, c/o Colchester Travel, 39 Crouch Street, Colchester CO3 3EN. Race packs will be posted by Tuesday 1st May 2012. Email only if not received by 5th May 2012

ENTRY FORM (Postal entries to be received by 26th April 2012)

I ENCLOSE CHEQUE FOR £..... Affiliated/Army/Other payable to **Rotary Club of Colchester Trinity**
(one entry per form or make copy) **PLEASE PRINT LEGIBLY**

SURNAME:

FIRSTNAME:

ADDRESS:

POSTCODE:

PRINT EMAIL:

TEL:

AGE ON RACE DAY:

MALE/FEMALE:

CLUB/TEAM (IF APPLICABLE)

Please enter me for the Colchester Charity Races 2012 10km run. I am aged 17years or over (on the race day) and I will not compete unless medically fit to run on the day. I enter at my own risk and understand that no person(s) or organisation(s) will be held responsible for any accident, injury, or loss to myself or to my property, prior to, during or after the event. I understand that the organisers reserve the right to alter the arrangements and conditions should circumstances require. I agree that results with names, times and positions can be published on the event website. I consent to the official event photographers taking any photographs which may include me.

SIGNED:

DATE: